

## Children and Adolescents with Problematic Sexual Behavior: Resources for Professionals

### National Center on the Sexual Behavior of Youth: [NCSBY.org](https://www.ncsby.org)

NCSBY offers free comprehensive information for caregivers and professionals on children ages 3-12 with PSB and adolescents with illegal sexual behavior. The resource section is extensive and diverse. Content includes, but is not limited to:

- Child and teen sexual development and problematic and sexual behaviors
- Safety planning and placement
- Therapist and therapy characteristics
- Advocacy
- Self-care
- Standards of care
- Public policy

### Association for the Treatment and Prevention of Sexual Abuse: [ATSA.com](https://www.atasa.com)

ATSA is a multidisciplinary professional organization with annual conference, free and member specific resources (see Information Library), and treatment referral feature. Publications of note include:

- Children with Sexual Behavior Problems, 1<sup>st</sup> Edition (2006) and 2<sup>nd</sup> Edition (2023)
- Children's Advocacy Centers and Problematic Sexual Behaviors (2024)
- Neurodevelopment and Children with Sexual Behavior Problems (2024)
- Practice Guidelines for Assessment, Treatment, and Intervention with Adolescents Who Have Engaged in Sexually Abusive Behavior (2017)
- Assessment and Treatment of Adolescent Males with Intellectual Disabilities Who Exhibit Sexual Problems or Sexually Abusive Behaviors (2023)
- Family Reunification Following Adolescent Sexual Abuse: A Step-by-Step Guide (2019)
- Practice Guidelines for Assessment, Treatment, and Intervention with Adolescents Who Have Engaged in Sexually Abusive Behavior (2017)
- Assessment and Treatment of Adolescent Males with Intellectual Disabilities Who Exhibit Sexual Problems or Sexually Abusive Behaviors (2023)
- Family Reunification Following Adolescent Sexual Abuse: A Step-by-Step Guide (2019)

### National Children's Alliance: [learn.nationalchildrensalliance.org/psb](https://www.learn.nationalchildrensalliance.org/psb)

NCA has a variety of free resources many of which are designed for Children's Advocacy Centers (CAC), multidisciplinary partners (MDT), state Chapters, military personnel, and caregivers. Content includes, but is not limited to:

- CAC/MDT response to children with PSB
- Engaging families
- Best practices for therapy

Access the available training series by using either the organization ID with your registered account or code 15462.

### OneOp: [oneop.org/series/sexual-behavior-in-children-and-youth-sbcy-series](https://www.oneop.org/series/sexual-behavior-in-children-and-youth-sbcy-series)

OneOp offers a variety of free resources designed for military family service providers working within the Military Family Readiness System (MFRS). The majority of the network's resources are applicable and appropriate for non-military service providers and professionals. Content includes live and recorded webinars and online courses on topics such as, but is not limited to:

- Child and adolescent development
- Clinical assessment of youth with PSB
- Clinical decision making
- Engaging caregivers
- Safety planning
- Prevention
- Addressing intersectionality
- Role of technology
- Harmful / Problematic behavior(s)

**Massachusetts Society for a World Free of Sexual Harm by Youth: [MASOC.net](https://www.masoc.net)**

MASOC offers a variety of print and web resources, the majority of which are free, and some conferences and webinars are available for cost. Content includes, but not limited to:

- Clinical assessment of children with PSB
- Clinical decision making
- Supporting families
- Girls with PSB
- Practical resources for therapists working with youth with PSB and their families.

**Safer Society Press: [SaferSociety.org](https://www.safersociety.org)**

Safer Society Press offers a variety of publications and webinars, live and on demand, available for cost or free. Publications of note include the “Taking Action” booklets on children with PSB and adolescents with illegal sexual behavior: <https://safersociety.org/press/taking-action-booklets-help-for-families-caregivers/>. These booklets are available for cost (English and Spanish) or free download (English only).

**Stop It Now!®: [StopItNow.org/help-guidance/online-help-center/childrens-behaviors](https://www.stopitnow.org/help-guidance/online-help-center/childrens-behaviors)**

Stop It Now!® offers practical information and guidance designed for caregivers and other adults, as well as a free confidential Helpline with email and chat features.

**What’s OK?: [whatsok.org](https://www.whatsok.org)**

“What’s OK”, a program of Stop It Now!®, is a resource (website and helpline) for youth ages 14-21 who have questions about safe and healthy sexual thoughts, feelings and behaviors.

**National Child Traumatic Stress Network:  
[NCTSN.org/what-is-child-trauma/trauma-types/sexual-abuse/nctsn-resources](https://www.nctsn.org/what-is-child-trauma/trauma-types/sexual-abuse/nctsn-resources)**

NCTSN offers a wide variety of free publications in many languages and webinars on all types of trauma experienced by children, adolescents, and their families, including PSB in children. A publication of note is “AJ’s Story about Not OK Touches” (Miller, R., & Deblinger, E., 2021) which is a children’s book about a child who initiated a PSB and got help from adults to stop the behavior. This book can be used by caregivers and mental health providers with children ages 5-10, or as developmentally appropriate. It also contains conversation boxes throughout its pages that assist children in expressing their thoughts and feelings about what is going on in the story.

**Child Abuse Library Online: [CALiO.org](https://www.calio.org)**

A product of the NCAC, CALiO™ is the largest professional child maltreatment resource collection that provides access to published research and knowledge, educational materials, and other resources. NCA accredited and associate CACs, and their MDT partners, and state Chapters have assigned credentials for the registered users’ section. Professionals not with a registered CAC or Chapter have access to over 6,000 publications.

Use search terms (including the quote marks) below to find articles and other professional resources. The word “problematic” can be changed to “illegal” and words “children”, “youth”, and “adolescents” are all interchangeable to receive results for different age groups.

- "problematic sexual behavior" OR "sexual behavior problems" AND children
- "problematic sexual behavior" AND children
- "harmful sexual behavior" AND children
- "illegal sexual behavior" AND children